

HORIZONS

SPRING 2023



2-4 players

AGES 1-99

One **LIFE** at a time

©2023 CMF GAMES

2 players

A SPECIAL JOURNEY

When I think about my own life, and when I think about Crotoched Mountain, the path that each of us takes is rarely a straight one. Crotoched Mountain began on its own path by serving children debilitated by polio via a mobile clinic. Many lives have been transformed when we were serving children from disadvantaged communities at our fresh air camps on Sunset Lake, decades before Crotoched Mountain Rehabilitation Center opened its doors. And all the way to today, where, together, we are impacting low income kids, families, and adults with disabilities, across the state of New Hampshire. The journey is determined along the way.

The paths along life's journey are rarely a straight arrow, and most often are filled with pit-stops, switchbacks, and complete changes of direction. Such has been our shared Crotoched Mountain journey. In fact, if there is one constant, it's that our organization, fueled by the compassion and generosity of donors like you, has constantly and consistently adapted to the greatest needs of the day.

As I think back on 2022, I am so very proud of all that we have achieved and that you made possible - and all the lives that you touched with your generosity and support. CMF Kids has made an incredible difference in the lives of children with complex disabilities in New Hampshire's poorest communities. Crotoched Mountain Community Care has empowered adults with special needs and chronic illness to remain independent and in their homes. Our day programming and shared living residential programs have helped individuals with disabilities lead satisfying and fulfilling lives in the community.

Yes, the path we have taken together has changed over the years. But this much is true: Crotoched Mountain is more than bricks and mortar and the mission of creating a lifelong alliance with people with disabilities, as it has for 100 years, carries us forward.

The Game of Life really isn't a game, but by traveling it together we can make a positive and lasting change in the lives of all those with a complex disability, on their own special journey.

Thank you for being with us. ■

Sincerely,



Ned Olney
President



THE FACE OF PHILANTHROPY

Make YOUR Impact – Be Tax Smart – Enjoy New Revenue

Tax-Smart Ways with a Gift NOW

Using your IRA: are you required to take a minimum income distribution (RMD) as taxable income? A qualified charitable distribution (QCD) directly to Crochted Mountain Foundation is not taxed as income. Crochted Mountain Foundation's ID number is 02-0222168.

Use Appreciated Stock: Stocks held for more than a year and gifted directly to Crochted Mountain Foundation are a great way to avoid capital gains taxes. Provide the following to your financial advisor: Deliver to: The Depository Trust Company. Account: 0164, Code 40. For credit to Crochted Mountain Foundation (Call 603-831-8424 for account number.)

Tax-Smart Ways with a FUTURE Gift

Your Will or Trust – A gift to Crochted Mountain Foundation through your estate helps you pursue your financial goals while also benefiting Crochted Mountain's people and programs.

As a Beneficiary in Other Financial

Assets – Making Crochted Mountain a beneficiary in items like your retirement plan, life insurance policy, or annuity is another way to create your perpetual legacy.

Life Income Gifts – These are great ways to create new income for yourself and your family for life, while leaving a future gift to support our programs for people with disabilities.

A Charitable Lead Trust – This option begins with your gift of fixed annual payments to Crochted Mountain Foundation while leaving assets to your family or other heirs AND reduces applicable taxes. ■

It's all easier than you think! Contact Kevin Harte at 603-831-8424 or kevin.harte@crochtedmountain.org. And be sure to check out crochtedmountain.org/donate.

Information contained herein is offered for general information purposes. Your personal circumstances, state laws, and other factors may impact results. It is always recommended you consult with your financial advisors before any important financial decisions

Thank You to Our Partner Organizations!

Neil and Louise Tillotson Fund of NHCF
New Hampshire Charitable Foundation
Doug Flutie Jr. Foundation for Autism
Roger R. and Theresa S. Thompson Endowment Fund
The M&T Charitable Foundation
Boston Bruins Foundation
RBC Foundation - USA
The Gilbert Verney Foundation
Bethesda Lodge #30 I.O.O.F.
The Parker Nelson Foundation
The Benevity Community Impact Fund
James F Kelly and Fernande Kelly Charitable Trust
Richwood Inc.
Town Fair Tire Foundation, Inc.
Baldwin & Clarke
Moore Nanotechnology Systems, LLC
Joe Boutin, Jr. & Son Logging
Fenton Family Dealerships
Red Hat
Miracle Farms Landscape Contractors
Rare Coins of New Hampshire, Inc.
Jolly Roger Village Assoc.
NH Lodge of Meridian
Sullivan Lodge #12 I.O.O.F.
All Saints Parish
Lebanon Emblem Club #358
Monroe United Methodist Women
Nashua Emblem Club #170
Kearsarge Lodge #23 I.O.O.F.
NewPower Worldwide
Ann De Nicola Trust
Fidelity Charitable Gift Fund
Miller Family Charitable Fund at Schwab Charitable
Brown Family Revocable Living Trust
AmazonSmile

We Want to Hear from You!

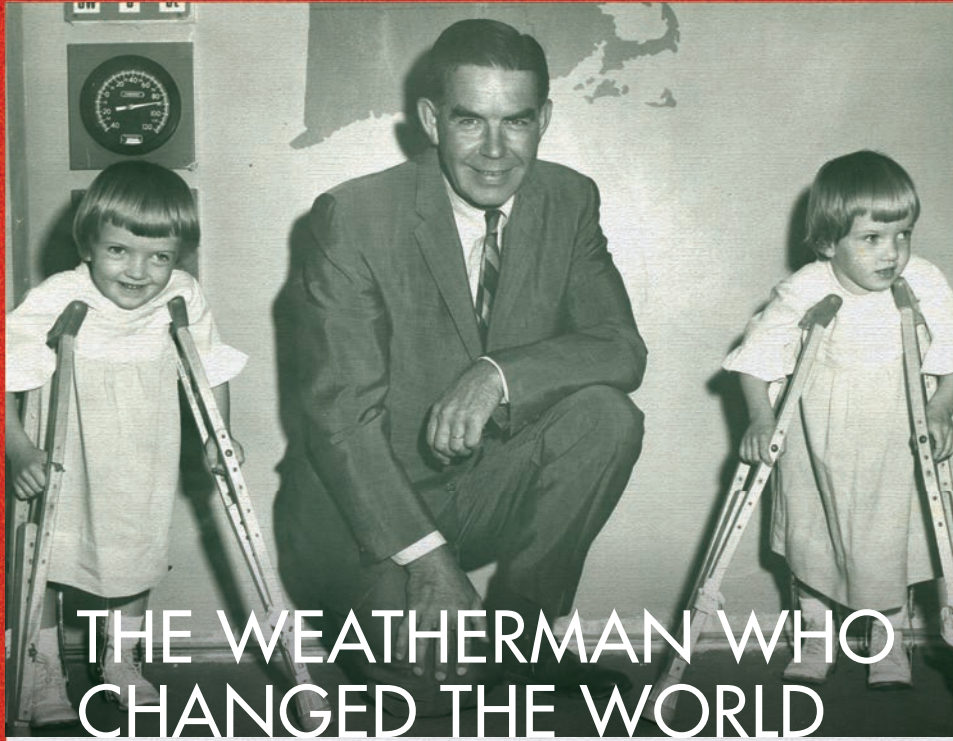
Please Take a Moment to Fill Out Our Supporter Survey

It has been a while since we heard from you, so we wanted to tell you how much we appreciate your friendship over the years. You have helped create stability, achievement, and joy for some of the most vulnerable children and adults in our communities. It is so heartening to connect with people like you who care about people with disabilities supported by Crochted Mountain Foundation. Your opinion is as essential to our mission as your support.

I'm pleased to share with you our 2023 Supporter Survey. Please take a few minutes to provide us with your important feedback. You can fill out the survey online at crochtedmountain.org/survey.

Thank you for your time. We look forward to your help in improving our fundraising efforts.

Kevin Harte, Vice President of Advancement



THE WEATHERMAN WHO CHANGED THE WORLD

The legacy of Don Kent

As a renowned New England weatherman, Don Kent spent his career committed to supporting Crotonch Mountain and highlighting our students with disabilities. For decades during the nightly news, Don Kent the famed WBZ weatherman, would have the students who would report live the weather every day on top of Crotonch Mountain.

Eventually he formed our Don Kent Legacy Society, celebrating our foremost supporters and friends by honoring those who include Crotonch Mountain Foundation in their estate plans.

You can become a member by letting us know that you are including Crotoned Mountain in your estate planning. There's no need to mention the amount, and no amount is too small. Your legacy gift can be made through a Crotoned Mountain Charitable Gift Annuity, or a gift of stock, an IRA, life insurance or real estate, or as a specific amount or a percentage of your residual estate.

Your name will be included on the Don Kent Legacy Society plaque, and members will be honored in perpetuity for their gifts that last for generations. You will be joining hundreds of people who have already remembered Crotoned Mountain in their estate plans with gifts that range from \$5,000 to more than \$2 million.

Adding a codicil to one's will is simple. It can be accomplished by having your attorney insert this provision: I, _____, give to Crotoned Mountain Foundation, 186 Granite St, Suite 3C, Manchester, NH, [the sum of _____ or _____ percent of my estate] for its general use and purpose. ■

Unrestricted gifts will always be used where the need is greatest. Restricted gifts are best discussed with us first so that your gift intentions can be satisfied. Always seek professional advice and counsel for the best estate plan for your individual situation. If you have questions about the Don Kent Legacy Society or any other giving matter, Kevin Harte at Crotoned Mountain Foundation will be happy to speak or meet with you at your convenience. Contact him at 603-831-8424 or kevin.harte@crotonedmountain.org.



GREENS GENERATES GREEN!

Evergreens for Autism raises almost \$6,000 for CMF Kids

A big shout out to Ed Cyr, Crotched Mountain Foundation Trustee and President and Owner of Evergreens for Autism, a retail business selling Christmas trees and wreaths, located in Kingston, NH. Every year, Ed donates a portion of profits to CMF Kids, supporting children with autism and other complex disabilities from economically disadvantaged communities.

Last year, Ed and his customers have outdone themselves in support of our mission and we are tremendously grateful to them all.

Thank you Ed! ■



BUMP! SET! SPIKE! IMPACT!

Save the date!

Saturday, June 3

Join us for the the 4th Annual Winnepesaukee Volleyball Classic supporting CMF Kids programs for young people with autism

You definitely want to be in Laconia at 9:00 am on Saturday, June 3 at the stunning Akwa Marina and Yacht Club. All morning, teams will square off on beach volleyball courts framed by sunny blue waters and classic Winnepesaukee views. There'll be a pool and a bouncy castle for the kids, island music and the beach bar for the adults, and a delicious beachside BBQ grill-fest for all. Best of all, this day of fun in the sun will generate funds for CMF Kids programs, specifically for young people with autism. Proceeds will bring advanced technologies, space modifications, specialized

training and more that will create opportunities for success for kids with autism.

Kurt and Sarah Mailloux, whose family owns the Yacht Club, founded this annual fundraising event for Crotched Mountain in 2018, after their son, Logan, received services from a Crotched Mountain Foundation program.

“Years ago, Logan received specialized services from highly skilled and caring professionals, and Crotched Mountain Foundation was there for him and for us,” said Kurt. “Today we see the tremendous impact Crotched Mountain Foundation is having on children with autism in poor communities where resources are

scarce. My family and friends believe we should do whatever we can to support CMF Kids.”

We're grateful to the Mailloux family for being the inspiration and the engine behind an awesome event. To watch the 2022 Volleyball Classic video, please visit cmf.org/volleyballvideo. If you or someone you know wants to secure a sponsorship or team spot, please email Melissa White at melissa.white@crotchedmountain.org. Go to cmf.org/volleyball for more information—to register your team—or to support your favorite players! ■



TOUCHDOWN!

The Doug Flutie, Jr. Foundation for Autism is a champion for CMF Kids!

We are pleased to announce the Doug Flutie, Jr. Foundation for Autism has awarded \$15,000 in support of CMF Kids. Through CMF Kids, Crotched Mountain Foundation partners with public schools to improve educational outcomes for children with autism.

The grant will be used, among other things, for initiatives that increase the number of students with autism gaining vocational skills and work placement experience and expand the number of teachers receiving high-quality training.

“At Crotched Mountain Foundation, we know that the poorest counties in New Hampshire often face steep challenges educating students with complex educational disabilities,” said Ned Olney, President and CEO of Crotched Mountain Foundation. “This generous grant from the Doug Flutie, Jr. Foundation for Autism will go a long way in helping schools meet their students’ needs on a long-term basis.”

We are grateful to the Flutie Foundation and to you! None of this incredible impact happens without you! Your support and your generosity are changing the lives of children with disabilities. Thank you! ■

Pictured at left: Ethan Michaud, Senior Development Manager from the Doug Flutie, Jr. Foundation for Autism, stopped by the Crotched Mountain Foundation office for a wonderful meeting about our CMF Kids partnership.



COMMUNITY CARE AT ITS FINEST

CMCC makes a difference in the lives of people who need the most support

Crotched Mountain Community Care (CMCC) has been a force for independence for nearly 40 years. Our Case Managers work tirelessly on behalf of their clients—typically older adults with a disability or chronic illness—to ensure that they have the resources they need to remain productive, participating members in their community.

In the height of the pandemic (and post-pandemic still), these services were much more critical and so many clients were relegated to their homes. This meant that CMCC staff needed to be more creative, more connected, and even greater champions for their clients.

CMCC Case Managers help secure medical equipment, home modifications, personal care and health services, and much more to keep the people they serve safe and in their own homes—and not in a nursing home.

In 2022, CMCC served nearly 1,300 adults from all across New Hampshire! ■



VOLUNTEERS BRING BEAUTY TO THE TRAILS

The talented UNH Master Gardeners lend their green thumbs!

Great news! Crotched Mountain's Memorial Garden recently benefited from the expert care and attention of a wonderful group of seven graduate volunteers from the UNH Extension, Master Gardener Program. Volunteers include: Trish Campbell, Tracey Coverdale, Kate Dean, Heather Houle, Jill Miller, Cindy Tundall and our own Crotched Mountain Trustee and Master Gardener, Marilyn Soper.

Their work is transforming the Memorial Garden space through design assessment and a plan for utilization and beautification. Work began with the clearing of growth and the staged, designed replanting through fall 2022 and the upcoming 2023 season. Volunteers have also identified memorial landscaping installations enhancing native trees and shrubs. ■



A YEAR OF ENRICHMENT AND EMPOWERMENT

CMF Kids and you made a world of difference in the lives of children with complex disabilities

What an incredible year of life-changing impact on some of the most vulnerable children in New Hampshire! CMF Kids partners with school districts from the poorest communities in New Hampshire to bring projects and initiatives to life that develop, maintain, and replicate sustainable special education programs. Just look at all you made happen:



SCAN HERE TO GIVE!





- More than 20 Berlin elementary, middle, and high school students with complex disabilities participated in the coffee cart café, **gaining invaluable customer service and food hospitality skills.**
- Twenty-nine teachers and staff from Northumberland, Stratford and Stark schools were trained in a **specialized reading program** to improve academic achievement for students with disabilities.
- Over 20 White Mountain Regional School District students **accessed the community** in their new 11 passenger van to work, volunteer, and enjoy equine therapy.
- Lisbon School District completed a comprehensive assessment of the special education program, resulting in a **three-year plan to improve educational outcomes** for students with disabilities.
- Multiple special education projects led to **newly-built accessible playgrounds, upgraded sensory rooms, refurbished Life Skills classrooms to teach independence, and modernized classroom technology.** ■



THE POWER OF INDEPENDENCE

CMCC Case Management and our Enhanced Family Care and Day Program keeps adults with unique needs engaged in their communities by providing the individualized support needed to keep them at home.

Thanks to our donors and supporters, Crotched Mountain, powered by our amazing Crotched Mountain Community Care Managers, Direct Support Professionals, and Shared Home Providers, has been able to keep adults with disabilities and chronic illness in their homes and taking part in awesome experiences in the community.

The enhanced family care program—or shared living—saw 20 home providers welcome 22 clients into their homes and their families. ■

186 Granite Street, Suite 3C
Manchester, NH 03101
crotchedmountain.org

Horizons Spring 2023

THE MEMORIAL GARDEN: A SPECIAL PLACE AND A SPECIAL PURPOSE

Situated at the entrance of our award-winning accessible trails in Greenfield, Crotched Mountain's Memorial Garden offers stunning vistas and a quiet place for rest and reflection before and after hiking. Designed by landscape architect Joseph E. Thompson, the beautiful, contemplative, and accessible Memorial Garden offers a place to lovingly honor or memorialize family and friends whose lives were deeply touched by the beauty and bounty of the outdoors.

Relaunching Memorial installations in 2023

A nearly three-year hiatus on memorial installations at the garden allowed a review of designs for landscaping and bench installations that help this beautiful space reach its potential. As the review process winds down, we will invite you to consider a number of opportunities for memorials honoring family and friends. Installation options will include:

- **Stone Benches**—with permanently carved inscription
- **Paving Stones**—with permanently carved inscription
- **Landscaping**—without signage—option to add an inscribed Paving Stone.

*(Allegheny Serviceberry * Carolina Allspice * Redbud * American Smoketree * Beach Plum) ■*

Stay tuned for more detailed memorial descriptions and costs this summer. To learn more contact Kevin Harte at 603-831-8424 or kevin.harte@crotchedmountain.org

