

HORIZONS

FALL 2023

**YOU MAKE
A DIFFERENCE.
YOU IMPACT LIVES.**



**YOU ARE
ONE OF...**

**THE
GAMECHANGERS**

Super Strategy! Stupendous Supporters!

It has been six years since the Crotched Mountain Foundation completed its last strategic plan. So much has changed over these years, including the needs of people living with disabilities.

Over the first half of 2023, we engaged our partners, our staff and Board, and many professionals working in a variety of fields of support. We have taken a good and deep look at the needs and gaps for people with disabilities, as well as our strengths and skills, and have developed our new strategic roadmap.

I am so very excited about our clear and bold new direction. Our new horizons, new challenges, and new opportunities delineate a future of more significant impact in the lives of children and adults of all abilities.

Our roadmap features an updated mission statement, supported by refreshed vision and values. I hope that you will look at our roadmap in the following pages. What hasn't changed is our purpose: to bring hope and change lives. We will not waiver in this commitment to you and those we serve.

Truly, as has been part of our DNA for our 100-year history, Crotched Mountain is committed to supporting our most vulnerable neighbors. What we have before us—and what our strategic roadmap reveals – is a generational opportunity to meet those people where they call home, often in the most underserved communities.

From Crotched Mountain Community Care to CMF Kids to our Enhanced Family Care shared home living program to our affordable HUD housing, the common thread is clear: Crotched Mountain Foundation is here to fill the gaps and help those who need the most support, so that they can travel their own road to a life of success and stability.

As always, in the pages that follow, you will see these success stories, the human achievements that you made possible through your generosity and support. I am so grateful that you are with us as we drive forward to a brighter future.

Thank you for all you do to make our mission a reality. ■

Regards,



Ned Olney
President and CEO

PS: See our new strategic roadmap for yourself in this issue of *Horizons*!



THE FACE OF PHILANTHROPY

Grants are “Foundational” to our Mission

We are grateful to our partner foundations, corporations and organizations, whose support offers a tremendous boost to Crotonch Mountain’s ability to achieve positive outcomes for students and adults with disabilities and other chronic conditions.

Through gifts large and small, their impact is vast! These amazing partners fund myriad aspects of our mission, including: basic needs for the poorest Crotonch Mountain Community Care clients in our community, miles of accessible trails for all to enjoy in Greenfield, adaptive equipment, teacher training and infrastructure projects, and the spaces for people with disabilities to thrive. And some even help build our endowment fund so that these programs and services will be there for generations to come!

We would like to say a heartfelt “thank you” to some of our super partners who’ve supported our wide range of programming through fiscal year 2023. We promise to always bring your community support objectives to life as we transform lives together! ■

TOP 10
SUPER PARTNERS!



Neil and Louise Tillotson Fund of NHCF

Constance O. Putnam Foundation

Harry Gregg Foundation

New Hampshire Charitable Foundation

Northeast Delta Dental Foundation, Inc.

Doug Flutie Foundation for Autism

Roger R. and Theresa S. Thompson
Endowment Fund

The Blanche Hyslop Fund at
The Boston Foundation

Bethesda Lodge #30 I.O.O.F.

John A. and Carol A. Hubbard
Charitable Foundation



STRATEGIC ROADMAP



OUR MISSION

Creating opportunities for children and adults with disabilities and chronic conditions to live, learn, and thrive in their own communities



OUR VISION

An equitable, accessible, and inclusive world



OUR REACH

New Hampshire and beyond



OUR TARGET POPULATION

Children, youth, and adults with intellectual, developmental, and complex disabilities and/or chronic illnesses





OUR VALUES

Compassion

Exercising empathic concern for the well-being of all

Equity and Inclusion

Embracing fairness, regardless of ability

Independence

Championing individual autonomy

Integrity

Acting with the highest ethical standards



OUR PROGRAMS

Crotched Mountain Community Care

Case management services for individuals participating in the Choices for Independence waiver program

CMF Kids

Special education and community-based partnership programs for children with complex disabilities in economically disadvantaged communities

HUD Homes in NH, NY, and ME

Affordable, accessible subsidized housing for seniors and adults with disabilities

Community Participation Services

Community-based day programming services for adults with disabilities

Enhanced Family Care

Individualized, relationship-based shared homes program for adults with disabilities

Accessible Trails at Crotched Mountain

The longest accessible mountainside trails open to the public for hiking enjoyment





THE MIGHTY MOUNTIES!

The crew from Berlin High School's Mountie Mart Cafe spent much of the summer slinging delicious food at the Berlin Farmers Market. This unique program—supported by CMF Kids and you!—gives student with disabilities the opportunity to work alongside their peers to gain real-world vocational experience.

The Cafe is a perfect example of what CMF Kids is all about: providing the support our community

partners and schools need to create pathways to success and independence for young people with disabilities.

Here, Berlin students are able to learn skills like customer service, food preparation, and retail know-how. It's the total package and it's fantastic to see the CMF Kids vision in action in the community! Thank you for making the experience happen for these awesome future entrepreneurs! ■





PLUGGING INTO THE LEARNING LAB

CMF Kids enters cyberspace to foster more impact—your support makes this new frontier possible!

CMF Kids is entering the virtual learning space! As our groundbreaking partnership program with communities of need continues to evolve, the latest advancement adds a new dimension to special education support.

The forthcoming CMF Kids “Learning Lab” is a brand new technical resource. The goal is simple: to provide substantial and significant online learning to our partners, helping them enhance their professional development. And—it’s free!

“This learning platform will provide formal and continued learning to our school and community-based partners” said Melissa White, Executive Director of CMF Kids, “Participants will self-direct and work at their own pace to gain classroom learning in specific subject areas to enhance their work with children and youth with disabilities.”

The platform will be geared towards paraprofessionals, teachers, related services staff (Occupational Therapists, Physical Therapists, Speech Language Pathologists, Music Therapists), and other professionals seeking further learning.

Learning Lab subjects will include: Intellectual and Developmental Disability Services, Special Education Services, Applied Behavioral Analysis Services, Trauma-Informed Care, Inclusion in the Classroom, Assistive Technology, Autism-related Behavioral Health Services, and much more. (How much more—out of the gate there will be over 100 online courses to choose from!)

The current plan is to launch the Learning Lab in Fall 2023. ■

Thanks to your generosity, we are making huge strides in improving the quality of special education throughout the State of New Hampshire!

THE CMF KIDS \$1 MILLION PARTNERSHIP SUPER-POWERS THE COMMUNITY

CMF Kids, Crotched Mountain Foundation’s partnership initiative that supports New Hampshire communities serving children with disabilities from disadvantaged circumstances, has unveiled a new round of three-year investments, totaling \$1,000,000.

CMF Kids announces four new investments with the following school partners: Nashua, Manchester, Warren, and Newport. The four school investments are as follows:

Nashua (\$270,000 over three years): For special education professional development program focused on evidenced-based, trauma-informed care to be used by elementary school teachers and paraprofessionals throughout the Nashua district to help reduce challenging student behaviors.



Manchester (\$300,000 over three years): For adaptive outdoor playground equipment, professional development, and indoor educational games to improve and increase the physical movement options for students with disabilities.

Warren (\$300,000 over three years): Provided to Warren French Pond School for an infrastructure expansion to serve more Special Education students, adding a classroom, two bathrooms, an accessible entrance, as well as specialized staff training in autism and other complex disabilities.



Newport (\$30,000 one year): For special education consultation to help the Newport district examine opportunities for an alternative learning program that would serve students with disabilities.

In addition, CMF Kids is partnering with a variety of community programs that offer services such as: music therapy, accessible recreation and sports, adaptive aquatics, and more. These awards are designed to help children with disabilities access extracurricular activities necessary for learning. ■



Crafting Impact

CMCC allows Lucy to live the life that she wants in her own home.

Meet Lucy, a client of Crotched Community Care. She is 78 years old. She uses a walker and scooter to get around and can't walk very far due to respiratory issues, often having to pause to rest and catch her breath. This is due to her chronic medical conditions including respiratory issues and chronic pain.

While Lucy may not go for long distance walks, it doesn't stop her from making her presence known. A talented and creative person, she is constantly crafting, specializing in little painted canvases that she creates at her home and hands out to people at her bank. She has also made blankets that she donated to the hospital and the community mental health center.

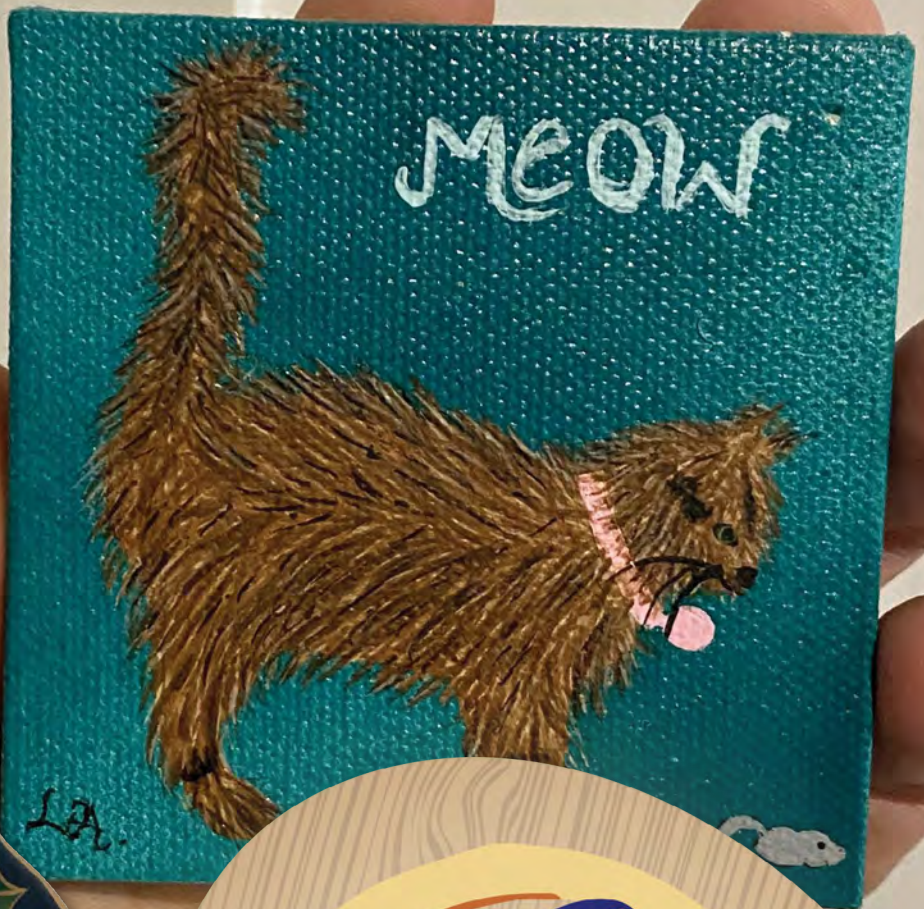
As a CMCC client, she receives several services that allow her to remain independent and in her own apartment, instead of entering a nursing home. The Case Manager has assisted Lucy to identify her needs and secure in-home

services including nursing, personal care, and light housekeeping. Case Managers also assist with obtaining much needed medical equipment and navigating the complex healthcare system

In addition, she has been able to access grant money from CMCC to help with urgent needs, most recently when she moved. She also received a CMCC grant to get a new walker and another grant to help with a lockbox to store her extra medication.

She recently shared her appreciation for Crotched Mountain: "Every time I needed help, CMCC has been there. They have been like family to me." ■

Supporters like you are the difference!
The difference between people like Lucy living in her own home or going to a nursing home.
Thank you!





VOLLEY FOR IMPACT!



The Fourth Annual Winnepesaukee Volleyball Classic SMASHES through our \$25,000 goal to raise almost \$35,000!

The weather forecast was not ideal. For a June 3 day, 60 degrees and rain did not bode well for a beach volleyball tournament. Would the rain subside in time? Would the teams show up to play?

Such is the allure of the Winnepesaukee Volleyball Classic, the reputation of Akwa Marina, and the importance of the CMF Kids mission that the trepidation was unfounded. The Volleyball Classic was a tremendous success and we are grateful to our teams, our volunteers, our corporate partners, and you, our dedicated supporters, for helping us wildly exceed expectations.

Despite the chilliness and the drizzle, the scene at Akwa Marina was one of high energy and big fun as 19 teams battled it out for volleyball glory. In addition, throughout the day there was live music from the Henry Lalberte Duo, games and crafts for the kids, and a delicious Hart's Turkey Farm BBQ lunch. All made possible by the wonderful Mailloux family who generously host this annual event

And the very best news? A whopping \$35,000 goes to CMF Kids for children with autism and other disabilities. Proceeds are helping families who struggle with co-pays for their kids' clinical and related services.

Stay tuned for info about next year's Volleyball Classic! You won't want to miss it! ■

If you would like to donate there is still time!
Visit cmf.org/donate to give today!

Special thanks to our sponsors: Story Land, Devine Millimet, RBC Wealth Management, CGI Business Solutions, Baldwin Clarke, Meredith Village Savings Bank, Savings Bank of Walpole, Bellows-Nichols Insurance, The Dow Group, Partlow Insurance, Hart's Turkey Farm, MDS Welding, and Lifeline Financial Services.





NONPROFIT
ORGANIZATION
US POSTAGE
PAID
MANCHESTER NH
PERMIT NO. 724

186 Granite Street, Suite 3C
Manchester, NH 03101
crotchedmountain.org

Horizons Fall 2023

WE'RE ON THE LOOKOUT FOR VOLUNTEERS!

Do you have a love of the outdoors? Do you want to get your hands dirty and make a difference in your community? We have the opportunity for you!

Crotched Mountain Foundation is looking for teams of volunteers to help with the upkeep and maintenance of our Accessible Trails at Crotched Mountain in Greenfield, supervised by our Trails Manager.

If you and your group is interested in some old-fashioned manual labor to help keep our trails in great condition so people with disabilities can enjoy the beauty of nature, we want to hear from you! ■

To learn more, please email Kevin Harte at kevin.harte@crotchedmountain.org



The Appalachian Mountain Club is looking for volunteers to help with trail maintenance on September 16! All tools provided. Light snacks available. NOTE: You don't need to be a member of the Appalachian Mountain Club to participate. Register today at: cmf.org/trailday